**Дополнительный материал к уроку №22 на тему «Моя любимая еда. [здоровое питание]»**

**Моя любимая еда. [здоровое питание]**

**1. Answer the questions.**

1. Which of this food do you eat every day?
2. Which of this food do you eat once a week?
3. Which of this food do you eat twice a week?
4. Which of this food do you sometimes eat?
5. Which of this food do you never eat?
6. **Put the words from the box in the right column.**

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| --- |
| *fruit vegetables sugar salt milk yogurt orange juice*  *burgers rice meat chicken chips porridge ice cream* |

**Healthy food Unhealthy food**

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1. **Is your diet healthy? Complete the sentences.**

I eat/drink a lot of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

I don’t eat/drink many/much \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

I must eat/drink more \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

I mustn’t eat/drink too many/much \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

1. **Which is your favourite food? Put the numbers from 1 to 4. Number 1 is the food you like most of all.**

dairy

meat

fruit

vegetables

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